

BARMER eCare: Your electronic patient record

Carola is an active person and likes to spend lots of time outdoors. She takes good care of her health. Because she has a thyroid condition, it's important that she sees her doctor regularly and takes her medication.

To keep track of all her health data, Carola uses eCare. This is a digital record where she and her doctors securely store all information about her treatments. To make sure the medication dosage is correct, Carola's GP regularly checks her patient's blood values. Carola puts the results of the blood test into eCare.

The GP also refers Carola to a thyroid specialist. To quickly inform her fellow doctor about Carola's illness, she writes an e-doctor's letter, which she also stores in eCare. She can do this because Carola has given her permission to access eCare beforehand.

The specialist also has access to Carola's eCare. He reads the e-doctor's letter from his fellow doctor and looks at the blood values. Then he examines Carola and stores his findings in eCare.

After the examinations, the specialist adjusts the thyroid medication dosage and writes an up-to-date medication plan. Carola also uploads this plan, using the medication planner in eCare. She can set a reminder in the medication planner so that she doesn't forget to take her medication.

With eCare, Carola's doctors can quickly and easily find out about their patient's health. This makes it easier for them to treat her as effectively as possible. Carola has full control: she decides who can see the data in her eCare and for how long.

Carola can also be assured that eCare meets the highest security standards. Her data is secure.

Over the course of the year, doctors' clinics and hospitals will be equipped with the technology necessary to access electronic patient records such as eCare.

Carola can live well with her illness. But she has to proactively take care of her health. eCare helps her to do this.

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